

# INVOKING THE SPIRITS AND GUARDIANS FROM SEVEN DIRECTIONS

KALLI ROSE HALVORSON  
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*We walked in agony into the room to say our final good-byes to our sister Kalli Rose before her cremation. She was surrounded by flower arrangements incorporating Buddhist colors and elements (our florist had been a Buddhist nun) and wore a Qing Dynasty Imperial dragon robe replete with auspicious symbols, as well as her signature ivory necklace in the shape of a rose. After several hours together as a family, one of her sisters produced a cassette tape Kalli had made a decade earlier for our father – after he had passed on. Suddenly, Kalli’s brilliant voice filled the room, as the ceremony she held in that previous time of grief returned anew, but this time for herself. The aptness of this was almost overwhelming. Her calm and tender voice took us on a journey through the forces of Nature and around the heavens, punctuated at times by the beating of drums, the chiming of bells and singing. We listened to Kalli artfully weave all of her studies, teachings, writings and philosophies. She invoked the spirits, the goddess Tara, the god Ganesh, living guardians (animals of the earth), elements of nature (seasons), and the solidity of our earth that draws in celestial power and the intelligence of the sky for each of the seven directions our lives.*

[I’m] invoking powers and spirits and guardians and creatures from seven directions, from the east, the south, the west, the north, from the earth, from the sky and from within. These spirits and powers and guardians and living creatures assist us on our journey. They assist Dad in his journey because, in most traditional cultures, they would say that Dad is between the worlds for forty days, until May 13<sup>th</sup> of ’99. Coincidentally, that happens to be Ascension Day in the Christian calendar.

Anyway, so, invoking these seven directions assists Dad in his transition, and it also is, if people are interested, it’s also a way of invoking support for our own transition in this particular time. So, that’s what I’m going to do. What it involves is invoking and rattling in various powers and spirits and occasional drumming. Then, sometimes singing, saying of prayers and stuff like that.

The first thing to call in would be the names of everyone in my natal family: I'm going to start with my brother, Carl Manfred Halvorson, born in '61. I am also present, Kalli Jon Elling Halvorson, born in '55. There's Raundi Arness Halvorson, born in '52. I'm using maiden names here. There's Kristi Ann Halvorson, born in '49, there's Karin Boyer Halvorson, born in '47, and Cheryl Kay Halvorson, born in '44. So, I invite each one of my siblings to be with me at this particular time. I also invite my mother, Kathryn Virginia Boyer, or Mrs. Carl Halvorson, at this time, to be present. And I invite all of my siblings, spouses, partners, children, grandchildren to be present at this time. And I end with my father, who is invited to be here, Carl Manfred Halvorson, born in 1916.

And I call on the spirits of anyone else with good intention who would like to be present. And now, I celebrate this circle of solidarity. [drumming]

Now, I'm going to call in the spirits of the east of air: These spirits of the east are the spirits of dawn, of the early morning, also of the spring beginning around February 2nd, coming to its height at the spring equinox in March, and tapering off around May Day. The east is also the crescent moon, the waxing moon, the very new moon. And the east is also sprouting plants and green shoots and sowing. It's the beginning of life. It's the realm of birth, also of illumination of the dawn of consciousness and understanding. So, I'm going to chant some Hindu mantras for the sun, which is appropriate for the east. And also, with the dawn and the sun and also of the planet Mars which is the giver of primal energy.

Mantra for the sun:

*Japa kusuma-sankarsham kashyapeyam maha-dyutim tamo-rim sarva-papa-ghnam  
pranato smi divakarsam*

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pranato smi divakarsam*

*Japa kusuma-sankarsham kashyapeyam maha-dyutim tamo-rim sarva-papa-ghnam  
pranato smi divakarsam*

Mantra for Mars:

*Dharani-garbha-sambhutam vidyut kanti-samaprabha  
Kumaram shakti-hastam ca mangalam pranamamy aham*

*Dharani-garbha-sambhutam vidyut kanti-samaprabha  
Kumaram shakti-hastam ca mangalam pranamamy aham*

*Dharani-garbha-sambhutam vidyut kanti-samaprabha*

*Kumaram shakti-hastam ca mangalam pranamamy aham*

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Kumaram shakti-hastam ca mangalam pranamamy aham*

*Dharani-garbha-sambhutam vidyut kanti-samaprabha  
Kumaram shakti-hastam ca mangalam pranamamy aham*

The east: In terms of your life, Dad, this is when you decided to incarnate, in that particular time and place. It's when your mother carried you. It's your birth, your infancy, your life as a toddler, as a baby, as a little boy. It's through your adolescence and your coming of age. It's the predawn and the dawn of your life, the spring of your life. It's the butterfly time. The butterfly guards this direction, of the east.

So, we see now in this light, and all the spirits of the east, those we have named and those we have not named, and all the powers available to you during this phase of your life, they accompany us now. They are beside us now. They walk beside us now at this point in our journey and in your journey.

[Singing] *You will be gentle with yourself. You will love yourself. You are a child of the universe being born each moment. I will be gentle with myself. I will love myself. I am a child of the universe, being born each moment. We will be gentle with ourselves. We will love ourselves, for we are children of the universe, being born each moment. The east.*

I now call in the spirits of the south of fire: This is the time of the high noon, of the sun high in the sky. It's of the beginning of summer which is in early May in the northern hemisphere. It starts around May Day that heralds the coming of summer. It comes to a climax at the summer solstice in June, and wanes with the cross quarter festival of early August, which is Lamas in the old European calendar. It's also the gibbous moon which is the moon when it's almost full, and it's also the full moon, the brilliance of the full moon. And the south is also flowers, flowering plants and trees. This is the realm. The south is the realm of love and of playfulness, passion, of beauty, of healing and of prosperity. I'm going to chant a little mantra for Venus, because Venus is the planet of our solar system associated with these qualities

[chanting]

*Hima-kunda-mrinalabham daityanam paramam gurum sarva-shastra-pravaktaram  
bhargavam pranamamy aham*

In terms of your own lifespan, Dad, this is roughly the twenties and the thirties of your life, roughly. It's when you met mom and courted her and married. You did marry at the June summer solstice, by the way, which is the time of the south. This is the time when you started your family. You began to build your family, and began to build your own business. This is the late morning and the high noon of your own life. It is the summer of your life. One of the southern guardians is the humming bird, which is a creature of beauty and of joy, and is known as the creature of love charms.

So, we see now in this light, in the light of the south, and all the spirits of the south, those we have named and those we have not named, and all the powers of the south that were available to you, particularly emphasized during this point in your own life span. These powers and spirits accompany us now. They walk beside us now, at this point in our journey and in your journey.

[Singing] *Oh purify and heal us. Oh heal us and treat us. Oh purify and heal us. Oh heal us and treat us. Oh purify and heal us. Oh heal us and free us.*

Now, I want to rattle in the spirits of the west: These are the spirits of water. I now call in the spirits of the west. This is the warmth of the afternoon and the late afternoon and the sunset of your life.

The west begins with the Lamas in early August, and it comes to a climax at the autumn equinox in September. It ends with All Souls Day, or Halloween, at the end of October. Dad was born during this period. He was born in the west. This is the phase of the waning moon, the disseminating moon, after it's full, and it goes as far as the third quarter moon.

The west is the direction of fruit, of fruited plants and trees, when plants have reached their fruiting stage. In terms of qualities and values, the west is the direction of setting goals and reaching them. It's the realm of harvest, of all one's efforts prior to that point. It's also the realm of justice in the midst of decay or conflict, because we are moving toward the death phase now. We're moving toward winter, so it's a turning from the plentifulness of the summer to the bareness of winter.

So, in the west, one is involved with life and the transition into a death state. That transition is beginning. That's why the theme of decay or conflict enters in. The west is not a simple direction. The best mantra for this direction, I think, is the moon. The moon is consciousness itself, in all its polarities.

[chanting]

*Dahhi-shankha-tush arab ham kshirodarnava-sambhavam namami shashinham soman sambhor mukta-bhushanam*

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In terms of your lifespan, Dad, this would be roughly your 40s, your 50s, your 60s. This is mature adulthood, mature partnership. It's watching your children reach adulthood. And it's the phase of leadership in society and of conflict resolution, of being a specialist in conflict resolution, also, civic responsibility and setting the seeds for the future. So, this is the rich, glowing afternoon of your life. It's the harvest point of your youth and your young adulthood. And the guardian here is bear, the introspective power of bear, the contemplation of bear.

So, we see now in this light, and also in this darkness, and all the spirits of the west, those we have named, and those we have not named, and all the powers and abilities that were particularly available to you in your 40s, 50s, and 60s, they accompany you now at this point in your journey. And they accompany us now. They walk beside us now, at this point in our journey, the west.

And now I'm going to call in, rattle in the spirits of the north. The north is the direction of earth. The north is evening. It's the darkness of evening, and of midnight, of the balsamic moon, the very final phase of the moon, and also the dark, invisible moon. So, this is the dark, midnight blue sky with all of the stars visible. It's also the time of the winter solstice, the phase that begins with Halloween and comes to a climax at the winter solstice in December, and that finishes around February 2nd, with Candlemass or Brigantia. And this is the phase of the seeds, and the bulbs, and the roots. The parts of plants that are apparently barren, yet also primed for future emergence. The north is the realm of wisdom. It's the realm of the actual turning of life into death and back into life without fear, or in spite of fear, the only cure for fear being love.

And I'd like to invoke an old Norse chant for the north. The Norse culture is a northern culture.

*[Reading] In the midst of darkness, light. In the midst of death, life. In the midst of chaos, order. In the midst of order, chaos. In the midst of life, death. In the midst of light, darkness. Thus has it ever been, thus it is now, and thus shall it always be.*

And I'd like to chant the mantra for Jupiter in this context. Jupiter is the planet of teaching and learning and of emergence into a higher state of consciousness. Jupiter is the guru, literally. It's called "guru," which we know as guru or teacher.

[chanting]

*Devanam ca rishinam gurun kañchana-sannibhham buddhi-bhutam tri-lokesham tam namami brihaspatim*

*Devanam ca rishinam gurun kañchana-sannibhham buddhi-bhutam tri-lokesham tam namami brihaspatim*

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*Devanam ca rishinam gurun kañchana-sannibhham buddhi-bhutam tri-lokesham tam namami brihaspatim*

The north is very strongly emphasized in this particular ceremony because this is the direction. The north is the direction of death and rebirth.

I'd like to chant some goddesses from various cultures now, to bring them in.

[chanting]

Om, I syisstistis stardiana hecademeta colly (clap) inana  
I syisstistis stardiana hecademeta colly inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly (clap) inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly (clap) inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly (clap) inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly (clap) inana (clap, clap, clap)  
I syisstistis stardiana hecademeta colly inana (clap, clap, clap)

In terms of your life, Dad, this is roughly your 70s and 80s. This is achieving the status of elder in the family, and also in the community. It's the gift of wise counsel. It's also greater relaxation and greater reflection and contemplation. And it's the spiritual awakening that's associated with the preparation for the end of one's life. So, this is the evening and the midnight of our lifespan. Some of the guardians here are moose and buffalo.

So, we see now in this darkness and also in this light, and all the spirits of the north, those we have named and those we have not named, and all the powers and abilities, particularly available to you during the northern phase of your life, they are with us now. They walk beside us now. They accompany us now, at this point in our journey, and also in your journey, in your continuing journey.

I'd like to mention Ganesh, the elephant god of the Hindu pantheon, who is the first god that one invokes in approaching the spirit realm in the Hindu system. Ganesh is the remover of all obstacles. So, I would remove all obstacles. I would ask that all obstacles be removed in this transition in Dad's life and also in each one of our own lives.

[Singing] *'Tis the blood of the ancients, that runs through our veins and forms pass but the circle of life remains. 'Tis the blood of the ancients that runs through our veins, and forms pass but the circle of life remains. 'Tis the blood of the ancients that runs through our veins, and forms pass but the circle of life remains.*

So, each of the four directions are with us now, the east, south, the west, and the north. Now I'd like to call in the power of earth. I'd like to call in the earth of earth, the rocks and the minerals, especially gold and silver and copper and agate. And also the gems of earth, especially the diamond, the ruby, the topaz, the emerald, the sapphire, the amethyst, the turquoise, the coral, the pearl, the crystal barrel of cat's eye. The brilliant gems buried in earth. And I'd like to call in the water of earth. This is all the underground streams, the rivers, the lakes, the seas, and especially the oceans, calling in the water of earth.

[Singing] *The ocean is the beginning of the earth. The ocean is the beginning of the earth. All life comes from the sea. All life comes from the sea. The ocean is the*

*beginning of the earth. The ocean is the beginning of the earth. All life comes from the sea. All life comes from the sea.*

And I'd like to call in the fire of earth, specifically the core of earth, which is like a giant planet inside our earth, a molten, iron, magnetic core that pulls in celestial electricity as evidenced regularly in the immense spectacle of the Northern Lights, calling in this fire, this great molten fire at the center of earth.

Now I'd like to call in the air of earth. The atmosphere we breathe. I'll take a few breaths just to acknowledge the breath all around us, the air of earth.

[Singing] *We are the walking breath. We are the spirit of the earth. We are alive and walking. Where we are is beautiful. (clap, clap, clap) We are the walking (clap, clap) breath. We are the spirit of the earth. (clap, clap) We are alive and walking where we are is beautiful. (clap, clap) We are the walking breath. (clap, clap) We are the spirit of the earth. (clap, clap) We are alive and walking where we are is beautiful. (clap, clap, clap) We are the walking breath. (clap, clap) We are the spirit of the earth. (clap, clap) We are alive and walking where we are is beautiful.*

So, we see now on this earth, I love this earth, and turtle is here. Turtle is the guardian of earth. All the beauty of earth accompanies us now at this point in our journey and in your journey.

Now I'd like to spread towards sky and call in the powers of the sky. But, I'll need help here, so I'm going to invoke the assistance of three animals. The first of these animals is horse. Horse runs, horse is the symbol of earthly power, our horse power. And it's also the power to fly and to bring messages from heaven. The horse is the shaman's familiar, so I invoke the power of horse, the power to run across the land and also to run into the sky.

And I'd also like to bring in the power of whale, swimming with whale. Whale is like a living library that carries the history of our planet.

And a closely related animal is the dolphin. The dolphin is also a messenger that connects us with the dream-time and the great star nation.

So, these three, horse, whale and dolphin, I ask for their assistance now. And it's interesting how many horses are in this home that I'm in, how many pictures and sculptures and paintings of horses. Also, I'm in Whale Cove. This is my father's development, and I'm seeing all these whales spouting outside my window here. So, the horses and the whales are with us, and there are dolphins, too. So, with the help of these animals, I'd like to call in the force of other planets in our solar system. We've already done some chants for the sun and Mars, and Venus and Jupiter, and the moon. But, I'd like to bring in the power and force of Mercury and Saturn, also of Uranus, Neptune and Pluto, and of the north mode of the moon Rahu and the south mode of the moon, Ketu.

Far more importantly, I'd like to call in the intelligent presence of all stars whose gifts have been chronicled in all centralized cultures of which we have evidence dating back at least as long as written records attest, and probably far, far further into our distant past.

And I call in the assistance of also all of the animal presences that have been cross-culturally detected in the star patterns, such as the peacock, the lion, the deer, the ego, the ram, the goat, the crab, the swan, and also the dolphin and the whale, the horse. So many of these animals are immortalized in artistic forms in this home, I can't help noticing that. These affinities mapped between the energies of earth's creatures and the star patterns go back for thousands of years. I call in all these animals in the stars. So, I'm rattling all these stars, all the living creatures associated with them, and all the celestial guardians of the sky. There are so many.

*[praying] Our Father who art in heaven, hallowed be they name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory forever and ever. Amen.*

So, we see now, in these lights and in this darkness in the sky, and all the intelligence of the sky accompanies us now, at this point in our journey, and at this point in your journey.

And now I'd like to invoke the Buddhist goddess, Tara, the goddess of great compassion who stands up in the sky.

*[chanting]*

*Om Tāre Tuttāre Ture Svāhā  
Om Tāre Tuttāre Ture Svāhā*

Now, we've gone through the east, the south, the west, the north, and spread out through the earth and range out to the sky. Now, the seventh direction, and the final direction, is the turning within. I invoke the powers within.

This is our final step across the bridge to spirit realm. I'd like to bring in the guardianship of bat. The bat is the story and the expert in our soul's journey toward death and through death to rebirth and life. The bat's imperative is to grow and to become our future.

And I'd also like to invoke the assistance of snake, who regularly sheds its skin, and the poisons of snake, which are transmuted into wisdom.

[Reading] *Ships blowing on a calm, blue sea, God is everywhere caring for thee. Cast all your burdens on the Christ within, and go free to love thinking of him. Our ships blowing on a calm, blue sea and the sea is very calm today. God is everywhere caring for thee. Cast all your burdens on the Christ within, and go free to live thinking of Him. Our ships blow in on a calm, blue sea. God is everywhere caring for thee. Cast all your burdens on the Christ within, and go free to die, thinking of Him. Our ships blow in on a calm, blue sea. God is everywhere caring for thee. Cast all your burdens on the Christ within, and go free to live, thinking of Him.*

[Singing] *Like a ship on the harbor. Like a mother and child. Like a light in the darkness, will hold you awhile. We'll rock on the waters. We'll cradle you deep, and hold you while angels sing you to sleep. Like a ship on the harbor, like a mother and child, like a light in the darkness, we'll hold you awhile. We'll rock on the water. We'll cradle you deep, and hold you while angels sing you to sleep. Like a ship on the harbor, like a mother and child, like a light in the darkness, we'll hold you awhile. We'll rock on the water. We'll cradle you deep, and hold you while angels sing you to sleep.*

And it's interesting, there's a boat, right out there on the water, a single boat.

[Reading] *Yea though we walk through the valley of the shadow of death, we fear no evil, for thou art with us. Thy rod and thy staff, they comfort us.*

So, Carl Manfred Halvorson, born October 3, 1916, died April 3, 1999. He is not gone. He is all around. He lives in every direction, and in each of his loved ones. And moreover, we know that at any time, and under any set of circumstances, we may call on the Carl within and the Carl will answer.

*Our mother, who is all around us, hallowed be your many names. Your cycles come, your love be done. Above us as it is below us. You bring us each day, our daily bread. You accept who we are as we learn to become ourselves. You lead us into our potential and deliver us from separation. For yours is the universe and the magic and the sacred. Forever and ever, blessed be.*

So, our work with the seven directions is complete for now. And now begins the great turning out from the center of the labyrinth and for this we invoke the spiral dance of the grouse. So, with great gratitude to all the members of my family, and all of the spirits here invoked all of the powers, all of the living creatures, all of the elements of nature, and the intelligence of the sky.

With great gratitude, we spiral out from the center within, and we collect our forces from the earth of earth and the fire of earth and the water of earth and the air of earth, and we withdraw. We range toward the sky. We withdraw from the sky, thanking. We cycle

past the north, the realm of wisdom. And we cycle past the west, the direction of the harvesting of one's life energy, of goals met, of justice. And we cycle past the south, the realm of love and beauty and passion and joy. And we cycle past the east, the realm of illumination, of birth.

With great thanks, the spiral is now open, but it is unbroken. The one we knew as Carl Halvorson moves onward as so do we, and peace is in all of our hearts.